



# FAQs

For young women



## I am pregnant or lactating. Should I get the vaccine?

If you are pregnant or breastfeeding, you may receive any of the currently authorized COVID-19 vaccines. Experts believe that the risks of COVID-19 illness outweigh risks of vaccination. Additional studies are underway or planned



## Is it safe for me to get a COVID-19 vaccine if I would like to have a baby one day?

Yes! If you are trying to become pregnant now or want to get pregnant in the future, you may receive a COVID-19 vaccine. There is no evidence that the COVID-19 vaccine causes any problems with pregnancy or fertility.



## Is the vaccine safe for young people? Are there other risks for young people that might not be present for adults?"

The Pfizer vaccine is safe for people ages 12 years and older.



## Do I even need to worry about COVID-19?

There is the false idea that COVID-19 is only a concern for older people.

Although COVID-19 causes more problems in the elderly, young Americans are not spared. COVID-19 can cause a severe condition called MIS-C (Multisystem Inflammatory Syndrome-Children) disease in children and young people. It affects multiple organs of the body, causing organ failure. Recovery requires many days in the ICU.



## If young people are less likely to get sick from COVID-19, why do we need a vaccine?

Even though it is rare for children and young people to get seriously ill from COVID-19, Americans who are 12 years and older have needed hospital care for COVID-19.

This is especially true for young people with underlying health conditions such as weakened immune systems, obesity or chronic lung conditions. Having the vaccine may also give families peace of mind to return to more typical activities like in-person instruction and participating in sports, which is great for mental health.

## NEXT STEPS HOW DO I GET THE VACCINE?

To find a vaccine provider, visit Vaccine Finder ([www.vaccines.gov/search/](http://www.vaccines.gov/search/)), contact your Local Health Department, call 211, or call the KDHE COVID-19 Hotline (866-534-3463 / 866-KDHEINF). You can also text your zip code to 438829 (GETVAX) or 822862 (VACUNA) for assistance in English and Spanish, respectively.